

Utila East Wind

Issue no. 3
Bay Islands, Honduras

Dedicated to Utila

July, 2005

CARNIVAL 23RD - 31ST JULY FULL LISTINGS INSIDE

Pg. 6



Dolphins and Manager Alan win the League Cup

“You have to be quite sharp and don’t talk too much”

Exclusive Interview with
HQTV’s Shelby NcNab
Pg. 18



Dengue
Fever

Pg. 6

Boat Sinks on Maiden Voyage

The newest dive boat on the island sunk on her maiden voyage to Cayos Cochinos at 2pm on Tuesday the 21st of June. Sixteen passengers endured a four hour wait in the rough waters five miles offshore until rescue boats arrived. “We were preparing to spend the night, I thought we could make it if we have to but I was worried others would go crazy or drown” said Anne Marie Tessie, Quebec. The dive boat from Coral View Resort was on a day trip and had de-

cided to return home early due to the weather. “On the way back water was coming up on the boat, they knew something was wrong and turned the boat around, they made all the right decisions” said Dr Hal Beyer, passenger. Events took a turn for the worst as water engulfed the boat “I looked up and saw a wall of blue water coming towards us, I couldn’t even see the top of this freak wave” said Phil Richards, Manager of Dive Operations. Everybody grabbed their gear and got in the water, the boat went under

within ten minutes.

Captain Farrel threw an anchor onto the shallow bank below to stabilise the boat and local crew members stayed on the bridge to send out may day calls.

Three Utilian crew members decided to attempt the four mile swim to shore while the remaining thirteen passengers clung to a stretch of rope secured to the boat.

Non-diving passengers without BCDs grasped at floating items from the wreck to keep their heads above water.

“Captain Farrel gave my daughter his BCD, he’s at the top of my list of excellent people” said Donna Beuer, six year resident of Utila.

They group had to battle 12ft swells while avoiding debris from the wreck and leaking diesel.

“When we were all being sick from the fumes we had to hold onto each other to stop ourselves drowning” said Jean David Beaulieu, Quebec. *Cont.on Pg. 2*



Band

on
Tour

Pg. 7

Blue
Pages



**Haliburton
Wreck**
Dive site of the
month Pg. 11

Who are
UDSEC Pg. 9

**Two Divers
Die on
Roatan** Pg. 9

Full
listings of all
Utila’s new
Instructors and
DM’s

Inside

Municipality Talks	3	Dear Dr John	14	Letters to the Editor	5	Cinema Listings	18
Restaurant & Bar Guide	13	Just Kids	17	Classifieds	17	Out & About	19
Hotel Guide	13	Puzzles	14	Horoscopes	18	Sport	20

Articulos en
Español

NEWS IN BRIEF



Painting Blunder

Utila's cemetery has recently received a clean up. The refurbishment included a new coat of paint, unfortunately many of the inscriptions were painted over. Attempts have been made to remove the paint and restore the memories.

Shooting

A shoot out took place between Audley Banks and Austin Thompson on the 2nd of June.

Mr. Banks received a bullet wound and was hospitalised in La Ceiba.

Charges were not pressed, the Police state that the shot was fired in self defence, this is backed up by the two types of bullets found on the scene.

It is thought the dispute was over land.



New ATM

An ATM was installed at the BGA bank on the 25th of June.

The 24 hour service will dispense cash in Lempiras only and accept the following cards: Plus, Cirrus, Clave, Visa and MasterCard



Spearfishing

Two Utilians and one tourist were caught spear fishing off the dock of Altons Dive-shop on the 8th of June.

The trio opted to spend the night in jail after refusing to pay the fine.

"Its not fair, as a tourist my fine is ten times more than the others, I don't have the money." said the accused tourist.



Dentist

There is now a full time Dentist on the island.

Dr. Flores from San Francisco, Honduras, is working out of the old Cento de Salud and is back by popular demand. She plans to move up to the new building shortly.



Road Works

Road works have been continuing throughout the central area.

Disruption will be kept to a minimum however congestion is unavoidable. The Mayor plans to have the entire central area fully repaired by the end of the year.



Coral Princess two days before sinking

Cont. from Pg. 1

Spirits were maintained by the Americans of the group who told jokes and rallied together. Two may day calls reached Cayos Cochinos where Roger Remington of the Plantation Beach Resort quickly relayed the message to Utila and sent out his boats.

"Everybody with a boat was out trying to help, the waves were just too big, we had to turn around" said Chris Muñoz, part of the local Utilian search team.

"Even the Utila Princess diverted its afternoon course to help search for the stranded

passengers." he said.

The group was eventually rescued by two boats from Cayos Cochinos just before sunset.

"When the launch found us it was on its way back, it had been searching for hours, pure luck!" said Miss Tessie.

The three swimmers were spotted soon after by the rescue plane and the exhausted group were taken back to spend the night at the Plantation Beach Resort where accommodation was provided by Mr. Remington.

The boat was recovered the following day and several failed attempts were made to

tow it back to Utila alongside the diesel freight boat that brought the group home.

"We left Cayos at 1:30 and didn't make it back to Utila until 7:45, we were tired and felt helpless" said Alex Chalmers. The boat and most of the equipment has been salvaged and Coral View Resort is operating as normal.

"One thing went wrong, the boat sunk. After that everything went right" said Mr. Richards after the event.

~

El bote de buceo mas nuevo de la isla casi se hunde en uno de sus viajes a Cayos Cochi-

nos a las 2pm del martes 21 de junio.

Los 16 pasajeros esperaron por 4 horas en las fuertes olas que soplaban a cinco millas fuera, hasta que los botes se acercaron al rescate.

"Estaba preparada para pasar la para pasar la noche, pensé que si se podría lograr si lo teníamos que hacer, pero mi preocupación eran los demás" dijo la srita. Anne Marie Tessie, Québec.

El bote de Coral View Resort, planeo el viaje temprano durante el día, ya que por la tarde hay demasiada brisa.

"Al regreso el agua comenzaba a llenar el bote, cuando se percataron de que algo no estaba bien, entonces decidieron regresar al punto de partida, por suerte tomaron las mejores decisiones en ese momento" dijo Dr. Hal Beyer, pasajero.

Las cosas empeoraron cuando el agua continuaba azotando el bote, "Mire cuando una inmensa ola azul se vino hacia nosotros, era tan grande que solo vi la gran pared azul

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utila East Wind
is available to view on-line at
AboutUtila.com

A Fantastic new resource including full information and detailed listings for Utila



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viníendose a nosotros" así dijo Phill Richards, Encargado de Operaciones.

En ese momento, todos tomaron sus equipos de buceo y saltaron al agua, diez minutos después el bote se perdió.

El capitán Farrel ancló el bote en una parte poco profunda para estabilizar el bote, y se hicieron los llamados de ayuda inmediatamente.

Tres de los tripulantes locales intentaron nadar por cuatro millas, mientras los demás se quedaron tratando de asegurar el bote.

Los pasajeros que no tenían equipo de buceo, se ayudaron con objetos flotantes alrededor del bote, para mantenerse a flote.

"El capitán Farrell le dio a mi hija su BCD, desde ese momento para mi le estoy sumamente agradecida" fue el testimonio de Donna Beuer, residente de la isla por mas de seis años.

El grupo tuvieron que batallar 12 pies para evitar cualquier fuga de diesel.

" Cuando todos estábamos enfermándonos por el humo tuvimos que agarrarnos unos a otros para ayudarnos mutu-

amente y no ahogarnos." Dice Jean David Beaulieu, Quebec. Los espíritus fueron revividos por los americanos del grupo que mantuvieron sentido de humor y contaron chistes mientras se reían entre ellos.

Dos llamadas fueron recibidas en los Cayos Cochinos donde Roger Remington del Plantation Beach Resort y rápidamente envió el mensaje a Utila y mandó sus botes al rescate.

" Toda la gente con bote trataba de ayudar pero las olas eran muy grandes y teníamos que regresar. " Comenta Chris Muñoz, que forma parte del grupo de búsqueda de Utila.

" Hasta el Utila Princess cambio su rumbo de la tarde para ayudar a buscar a los naufragos." Dice el.

Eventualmente el grupo fue rescatado por dos botes de los Cayos Cochinos justo antes del atardecer.

" Cuando el bote nos encontró ya estaba en camino de vuelta, había estado buscando por horas, fue pura suerte!" Dice Miss Tessie.

Los tres nadadores fueron vistos un rato después del avión de rescate y el grupo exhausto pasaron la noche en el Planta-

tion Beach Resort donde el hospedaje fue gratis gracias al Sr. Remington.

El bote fue recuperado el día siguiente después de varios intentos fallidos, al fin logro ser remolcado a Utila conjunto al bote diesel que los llevo a casa.

" Salimos de los Cayos Cochinos a la 1:30pm y no regresamos a Utila hasta las 7:45pm, estábamos cansados y nos sentíamos inútiles." Dice Alex Chalmers.

El bote y la mayoría del equipo ha sido rescatado y Coral View esta operando a la normalidad.

" Una cosa sucedió malo, el bote se hundió. Después de eso todo estaba bien." Dijo Sr. Richards después de lo ocurrido. ■



Three passengers on the fated trip

Municipality Talks



Mayor Alton Cooper

Firstly, I would like to apologise for the inconvenience caused by the roadworks and ask the community to please be patient.

From now on I will be dedicating resources and efforts into repairing and constructing the streets. I feel improved roads are a necessity and a good use of your taxpayers money towards the well being of the town.

Thank you again for your co-operation and I hope you look forward to smoother journeys around the island by the beginning of next year.

Here are some of the activities that kept the municipality busy last month.

▼▼

Working together with Hal and Donna Beyer in their generous efforts to ensure all schools have computers, fifteen more have been distributed. Shipping and freight costs and one computer was also sent to the police station. The Municipality will continue to cover the shipping and freight costs.

▼▼

Due to the increase in Dengue fever on the island which I am sure you are all aware of, I have been spraying the island with an environmentally friendly poison to rid us of the disease carrying mosquitos.

▼▼

I recently travelled alongside the Mayor of Guanaja to sign an agreement to secure 1.3 million dollars to be spent on projects in Utila. The next step is to explore which projects can be successfully completed with this sum.

▼▼

Campañado received the much needed new trash bins this month and several new septic systems.

▼▼

20 jobs were created for the roadworks which will take place on and off until completion at the beginning of next year Thank you again for you support and please feel free to approach me with any municipal issues or concerns. I'm always available to hear your opinions.

Primamente quisiera disculparme por las inconveniencias causadas por los trabajos de reparación en la calle y pedir a la comunidad a ser pacientes. De ahora en adelante estaré dedicando recursos y esfuerzos en reparar y construir calles. Creo que calles mejoradas son una necesidad y un buen uso de los impuestos dirigidos hacia el progreso del pueblo.

Gracias otra vez por su cooperación y espero que tengan mejores recorridos por las calles de la isla a principios del otro año. Estas son algunas de las actividades que mantuvieron ocupada a la municipalidad este mes:

▼▼

Trabajo en conjunto con Hal y Donna Beyer en su generoso esfuerzo de asegurarse que todas las escuelas tengan computadoras, quince computadoras mas han sido distribuidas y se asigno una a la Estación de Policía. Costos de embarque y flete de envío de las computadoras han sido cubiertos y seguirán siendo cubiertos por la Municipalidad.

▼▼

Debido al incremento del Dengue en la isla, que estoy seguro todos están al tanto, he estado fumigando la isla con un químico amigable al ambiente para erradicar a zancudo vector de esta enfermedad.

▼▼

Recientemente viajé en conjunto con el alcalde de Guanaja a firmar un convenio para asegurar 1.3 millones de Lempiras para proyectos en Utila. El próximo paso es explorar cuales proyectos podrían ser desarrollados exitosamente con esta cantidad de Lempiras.

▼▼

Camponado recibió los tan necesarios barriles para basura y varios sistemas sépticos.

▼▼

20 trabajos han sido creados para la reparación de la calle que se realizará de forma intermitente hasta completarse a principios del otro año.

Gracias otra vez por su apoyo y por favor sientanse libres de acercarse para hablar de cualquier problema o reocupación municipal. Siempre estoy accesible para escuchar sus opiniones.



Alton Cooper
Your Mayor

Quotes of the Month

"You have to be quite sharp and don't talk too much"
Shelby McNabb
on how to be a T.V. presenter.

"I hate free dives, I hate free accommodation and I hate hassling"

Ricardo Gonzales,
part owner of Utila Dive Centre enterprises.

"It was the sweatiest concert in my concert history"

Rainer Burk,
Barefoot guitarist.

"We are not looking for trouble from anybody but we don't run, especially if you're coming in a stupid, ignorant manner."

Linda Halvertson
on HQTV regarding Pumpkin Hill Rd

"Brand new, top of the range, fastest dive boat on the island."

Phil Richards
two days before the boat sank.

Open from 3pm - 12 every day!

TRAHOUK

OUT BAR

Happy Hour from 3 - 7pm

The most unique bar by the sea in Utila!

Playing a big variety of music from Reggae to Rock, Hip Hop, 70's and 80's! Fully stocked bar with more than 50 different drinks between Shooters, Cocktails and Premium Liquor!

CRIME WAVE



Orma with thieves pants

Utila East Wind Staff

Utila has suffered a spate of break-ins recently, victims including Mango Tree Internet, Backpackers Lodge, Frank Morgans.

► A thief risked the water to break into Seabreakers Bar on the night of Friday 17th June, stealing a stereo and some CD's.

A sodden pair of shorts were later discovered concealed under the dock

"It's evidence, they must belong to the thief as we're judging he jumped in the sea", said Orma Williams, Owner.

Earlier in the evening a young man was observed acting suspiciously,

"He was coming in and out and in and out, never brought a drink, I thought he was looking for someone", said Santine, Owner and Manager.

The Aiwa Stereo has since been recovered on the Island but the red and black CD case containing over 200 imported cds has yet to be recovered.

"I think they threw them away, it was all that European tourist music." said Ms Williams.

► A sailing boat docked in the Lagoon at Blue Bayou was broken into on the evening of Thursday 16th June between 9pm and 12am. The perpetrators forced the hatch open and ransacked the interior.

"I try to be nice, nobody does nothing, my boat is ruin, ruin!" said an angry Mr. Thierry from Switzerland.

In addition to the damage a DVD player and GPS system were taken.

► Un ladrón se arriesga al agua para entrar a robar al "Seabreaker Bar" en la no-

che del viernes 17 de junio, llevándose el equipo de sonido y unos discos de compacto.

Un par de calzonetas fueron descubiertas bajo el muelle.

"Es evidencia, puede que sean de el ladrón al intento de tirarse al mar. Dice Orma Williams, la propietaria.

Antes de los sucesos un hombre fue observado actuando sospechoso.

"Estaba entrando y saliendo, entrando y saliendo, no tomé ni una bebida, yo pensé que andaba buscando a alguien," Dice Santino, propietario y dueño.

Un estuche rojo y negro que contenía mas de 200 Cd's exportados y un equipo de sonido Aiwa siguen sin ser encontrados.

► Se metieron en un bote velero anclado en el muelle de Laguna de Blue Bayou, el jueves en la noche el 16 de junio entre las 9pm y las 12am. Los perpetradores forzosamente abrieron la escotilla y destruyeron el interior.

"Yo intento ser bueno, nadie hace nada, mi bote esta en la ruina, en la ruina!". Dice el furioso Sr. Thierry de Suiza. En adición de el daño, un DVD placer y un sistema GPS fueron tomados. ■

The Orange Suit



Municipal punishment for misdemeanours involves dressing perpetrators in a bright Orange Suit and sending them out on the streets.

They are then paraded around town doing community service for the duration of their sentence.

Beat the Heat!

Katja Hock

Comments such as "Ooo It is sooo hot", "I'm sweating even while doing nothing" or "You can fry an egg on my stomach" can be heard all over Utila during these past weeks.

With the high temperatures and humidity the relief of a breeze to ease the sweating is desperately needed.

Here on Utila temperatures normally range between high 70's and low 90's Fahrenheit with a yearly average of 85°F (29°C).

Combine that with a an average humidity of approx. 82% and you've got a heat both islanders and tourists find very hard to beat.

April through to September are usually the hottest months reaching temperatures up to 95°F (35°C) whereas the lowest thermometer readings can be found during October through to March, dropping down to lows of 67°F (19°C). Rainy season kicks in during October through January with

a whopping yearly rain fall of approx. 100 inches (254 cm).

"The year 2005 is going to be one of our record years for high temperatures."

says Jimmy Gabourel, a weather specialist who has been recording daily weather data on Utila since 1978.

The heat, however, does not only cause discomfort but may even result in dehydration, heat cramps, heat exhaustion or heatstroke.

Divers especially should be aware of the dangers of dehydration

"Dehydration is a contributing factor in almost every dive accident" said "Jungle" Jim from the Hyperbaric Chamber.

Recommendation to drink 3-4 litres of water especially when diving.

Comentarios como: "Ay no, que calor;" "Sudo hasta cuando no hago nada," o hasta se podria freir un huevo en mi estómago," se pueden oir en Utila en las ultimas semanas. Con las altas temperaturas y la humedad es necesario una brisa para calmar el calor.

Aquí en Utila las temperaturas son normalmente entre alto 70s y bajo 90s Fahrenheit con un porcentaje anual de 85 grados F (29°C).

Combine eso con un porcentaje de humedad de approx. 82% y encontraras un calor que isleños y turistas encuentran bien difícil de combatir.

Abril-Septiembre son usualmente los meses mas calientes llegando a temperaturas de 95°F (35°C), las temperaturas mas bajas pueden encontrarse de Octubre hasta Marzo con 67°F (19°C).

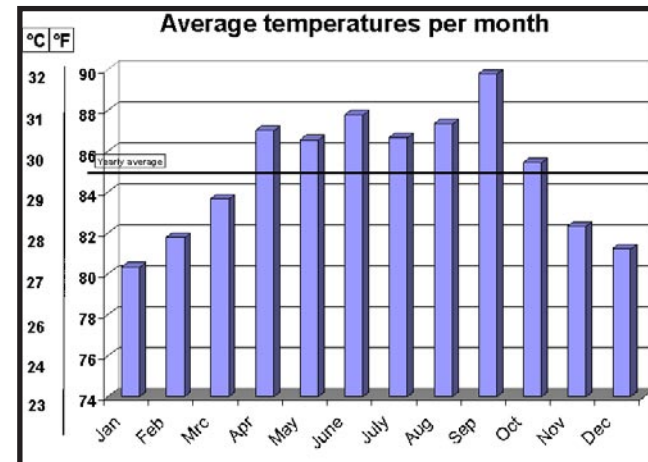
La estación lluviosa es desde octubre hasta enero con una impresionante cantidad de approx. 100 pulgadas (254cm).

"El año 2005 va ser el año record de las temperaturas mas calientes." Dice Jimmy Gabourel, un especialista que ha estado grabando el clima en Utila desde 1978.

El calor, sin embargo, no solo causa incomodidad pero también deshidratación, calambres o insolación. Los buzos especialmente tendrían que tomar precauciones de cómo prevenir deshidratación.

"La deshidratación es un factor predominante en casi todo accidente en los buceos. Dice "Jungle" Jim en de la Cámara de Reconversión.

Se recomienda beber de 3-4 litros de agua; especialmente al bucear. ■



MOONS



5th July



13th July



21st July



28th July

Bar in the Bush

Utila's Nightclub

Open wed & fri
9pm til late

Bring your dancing shoes!

Letters to the Editor

Thank you to all of you who have contributed opinions and letters to this edition.

We want to hear from anybody with strong opinions about Utila and the issues effecting the island.

To submit letters or suggestions contact Louise or Tara on 373 8530 at utilaeastwind@gmail.com or come and see us in our office downstairs at Munchies.

Jet Ski's are not under control

Again a young jet ski driver had fun turning around a diving buoy close to a diving dock. Nothing happened again!

14 year old boys were observed to drive in the bathing area at full speed, just 3 meters away from bathing people.

He would not have had a chance to see a snorkeler who is longer than 10 seconds under water.

Why ever do bad things have to happen, before people stop such madness?

Anon, Utila

Honduras is my Country,

A noble place to dwell.

Utila is my hometown,

Where sand flies bite like hell.

Joni

Dear Editor,

I am a Utilian restaurant owner concerned for the future of my business.

Utila is primarily a budget tourist destination but as ferry prices continue to rise fewer backpackers are able to afford the trip and many end up going somewhere else to spend their money.

Utila has always catered specifically towards budget travellers and Utilian business have adapted well over the years to serve this market. If ferry prices continue to rise local businesses will have to adapt to an entirely new market or not survive.

A concerned business owner, Utila.

Dear Mayor Alton Cooper,

I am a reader of the Utila East Wind.

Its so nice to see the projects you are doing, the water pipes, road works, a Nurse getting her kitchen installed, but what are you doing about the real major problems our Paradise is going through, such as DRUGS?

For many years this has been Utila's biggest issue.

This note is about finding the right person to lead our community, the town where we see no change, no future and no opportunity for our children.

It seems every Mayor promises change until they get into the municipality.

Then what happens?

I am a very confused local girl who is looking for answers in order to know who I should vote for this coming election.

You both might also want to remember that EVERY VOTE COUNTS.

I know you can't do everything on your own but I also know Utila has a lot of people who are more than willing to help you fight against the problems we are facing.

When a person is the leader of the town, he becomes the person everyone looks up to for help. Did you read the story about the crack head who wrote to Doctor John?

And did it touch you?

Don't you think being mayor of the town you should call upon the parents of all these drug heads and try to help them get to a rehab centre? Instead, the only choice that they seem to be facing is "...setting sail on an Utila East Wind that allows them to sail away from their misery."

When a person is on drugs, he is not the only one who suffers the consequences, so do the ones who surround him, loved ones, friends, other townspeople.

They steal and hurt to maintain their addiction.

Everything you are reading we already know.

But if we know it, why aren't we doing anything about it!

To the community of Utila, the people of the mainland who the locals call Spaniards and to the tourist who are also part of this beautiful island, lets get together and stop our island going down the gutter that no one can get out of..

I once heard someone say "We are in the gutter and so deep down, the only thing left for us to do is figure out what else there is to do down there."

I don't think this is the life we want to live and offer the kids who are the future of the island.

Let's stop focusing on all the other things that surround us and focus on reality.

Don't get me wrong, I am not writing you in order to attack; I just want to know if you ever intend to help the people who put you in office?

And the people who wish to see you there again!!

I don't need you to write a long note addressing all the projects you have done, but I want an answer for the young people, the future of the kids. What vision do you have for Utila in ten years?

Please do not address tourism or the beaches of Utila. Although tourism and tourists are a great part of Utila, they come and go.

We need help for the Utilians.

Good Luck this coming election and thank you for your time,

A very concerned local girl.

Estimado señor alcalde Alton Cooper

Soy un lectora del periodico semanal UTILA EAST WIND.

Es muy agradable ver avances en sus proyectos, como ser: las tuberías de agua potable, reparación de calles, instalación de cocina para enfermeras....pero que esta haciendo usted con el mayor problema que esta afectando a nuestro PARAISO, me refiero a las DROGAS? por muchos tiempo ya este a sido la polemica (caos, problema) mas grande.

Esta nota es para elegir a la persona adecuada y correcta par adirigir nuestra comunidad, el pueblo donde no vemos cambios, ni futuro provechoso para nuestros hijos.

Se ven las PROMEAS de cada ALCALDE hasta que llega a la MUNICIPALIDAD, Luego que pasa?

Soy una joven local y me encuentro muy confusa tratando de encontrar respuestas con el proposito de elegir un muy candidato y hacer valer mi voto en estas futuras elecciones.

Tal ves usted y Ricardo Del Olmo lleguen a leer este articulo y pensaránsolamente existe "un voto" "una opinion," pero no tienen la minima idea de cuantas personas compartimos las mismas opiniones. Tambien deberian recordar y pensar (AMBOS) en que TODOS LOS VOTOS VALEN.

YO se que puede hacer todo por si mismo, pero al mismo tiempo se que hay muchas personas en UTILA que estan mas que dispuesta a ayudarlo a combatir este problema que enfrentamos hoy en dia.. cuando una persona llega a ser el lider un Pueblo el resto de la comunidad lo admira, y lo busca para ayuda y solucionar problemas.

NO le estoy pidiendo un MILAGRO, simplemente un poco de ayuda,

Leyo usted la historia que le escribio un drogadicto al DR. John? Cuenteme lo conmovio?

Usted no cree que como alcalde, podria citar a los padres de estos jovenes y llegar al acuerdo de enviarlos a un centro de rehabilitacion Ya que la unica voz que suelen oír es la del viento que los hace naufragar en sus propias miseria.

Cuando una persona consume drogas, no es la unica que sufre las consecuencias sino que todos los que le rodean como ser sus seres queridos, amistades y vecinos de la comunidad, ADEMÁS roban y golpean personas para mantener su adiccion.

Ya sabemos.... lo que estamos leyendo.... pero porque no hacemos algo al respecto!

A la comunidad de Utila, a las personas que solemos llamar indios, y los turistas que tambien forman parte de esta bella Isla, unamonos para evitar que nuestra isla se hunda mas en los sanjos. una ves escuche alguien decir: estamos en un abismo tan profundo, que lo unico que nos falta desifrar es que mas podemos hacer en este abismo.

Esta no es la vida que quiero vivir yo ni la que quiero para mis hijos que son el futuro de la isla.

Dejemos de enfocarnos en las cosa que nos rodean y ENFOQUEMONOS EN LA REALIDAD.

No me mal interprete, mi intencion no es la de atacarle, solo quisiera saber; si tiene interes alguno por ayudar a las personas que lo pusimos en esa que hoy es su oficina? Y a las personas que deseamos verlo de Nuevo alli.

No necesito que me redacte un testimonio, ni que mencione los proyectos que a realizado, pero si quiero una respuesta para los jovenes, el futuro de nuestros hijos.

Que vision tiene para nuestra isla de aqui a 10 años?

Por favor no mencione turismo o las playas de Utila. Aunque el turismo y los turistas an forman gran parte de Utila, Van y bienen Necesitamos ayuda para los utilenos.

Buena suerte en las elecciones venideras y muchas gracias por su tiempo.

Una joven utilena muy preocupada.



Coco Loco

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WELCOME TO UTILA TEQUILA, BULEEEE Y ANDA LA FIESTA!

CARNIVAL UTILA 2005

Agenda 23-31 de Julio

Sabado 23

Coronacion de Reina del
carnaval, 7pm

Domíngo 24

Carnavalito en Chepe's Volley
Ball

Lúnes 25

Carnavalito en el Centro, 7pm

Martes 26

Fogata en Chepe's, 7pm
Discomovil from Ceiba

Miércoles 27

Carnavalito en la Punta
by Bush Supermarket, 7pm

Jueves 28

Carnavalito en Chepe's Beach,
7pm
Radio Discomovil

Viernes 29

Carnavalito en Cola de Mico,
7pm

Sábado 30

Gran desfile de carrozas en la
calle principal a partir de las
3pm

Gran carnaval a partir de las
9pm hasta el amanecer
Studio 99 dancers from San
Pedro Sula

donated by Caribbean Sea Food

Domíngo 31

Gran Cierre de Carnaval, playa
Chepe's a partir de las 3pm en
adelante y Domingo Caliente

Dengue Sweeps Island

Utila East Wind Staff

Dengue fever is spread-
ing across the island
due to recent weather
conditions causing an increase
in the number of dengue car-
rying mosquitos.

Dengue, a flu like disease car-
ried by mosquitoes, is found
in many tropical areas of the
world, it is most common in low
lying heavily populated areas.

"I came to the island 3 and a half
years ago and there was no den-
gue, in the last few weeks I've
treated 25 cases." said Dr. John.
Dengue is spread by the bite of
an Aedes mosquito.

The mosquito transmits the
disease by biting an infected
person and then biting someone
else but is not contagious from
person to person.

Symptoms

Typical dengue usually starts
with a fever within 5 to 6 days
of being bitten and includes:

- High fever, up to 105°F
- Severe headache
- Pain behind the eyes
- Severe joint and muscle pain
- Nausea and vomiting
- Rash

Dengue hemorrhagic fever and
Dengue shock syndrome are
more serious complications of
the typical virus, symptoms can
include bleeding from the nose,

gums, or under the skin, causing
purplish bruises.

Treatment

There is no specific treatment
for classic Dengue fever, most
people recover within 2 weeks.
Patients are advised to rest, keep
hydrated and take fever medica-
tion.

They should be kept away from
mosquitoes for the protection of
others.

For severe dengue symptoms
early and aggressive emergency
treatment can be life saving.

Prevention

The best way to prevent dengue
fever is to take precautions to
avoid contact with mosquitoes,
especially in mornings and late
afternoons as dengue mosqui-
toes bite during the day.

► Use a mosquito repellent con-
taining DEET, picaridin or oil of
lemon eucalyptus.

► Dress in protective clothing:
long-sleeved shirts, long trou-
sers, socks, and shoes.

► When indoors, stay in
screened areas.

► Use mosquito nets if sleeping
areas are not screened.

► Eliminate or treat stagnant
water that can provide mosquito
breeding sites.

La fiebre del dengue se ha
propagado por toda la isla, las

condiciones climáticas están
causando incremento de los
mosquitos que produce esta en-
fermedad.

El dengue es como un resfri-
o contagiado por los mosquitos
encontrados en áreas tropicales
en todo el mundo muy común en
áreas como esta.

"Desde que llegue a la isla no
había dengue y en las últimas se-
manas he tratado acerca de 25
casos", dice Dr. John.

Se propaga por la picada de
mosquito Aedes, es transmitida
por la picada de mosquito a una
persona infectada. El dengue
no se contagia de persona a
persona.

Síntomas

Típicamente el dengue comien-
za con una fiebre a los 5 o 6 días
de ser picado

► Fiebre alta arriba de los
105°F.



Female mosquito in action

The Wedding

Utila East Wind Staff

Immaculately dressed
Wedding guests wit-
nessed the marriage of
local man, Augustus Bernard
to Swedish beauty, Ann Sofie
Hübinette, on Saturday the
18th of June.

The ceremony took place at the
Church of God with the recep-
tion being held at the Jungle
Café.

Guests entered through an
elaborate palm archway re-
vealing the decorated garden
where party goers danced away
through drizzles of rain to old
school raggaeton tunes.

The atmosphere was set off
by the diversity of the crowd
including the brides Swedish
family and Utilians young and
old.

Cans of DEET were freely
passed around as guests battled
the masses of biting insects.

"They told me to marry in June
because it wouldn't be too hot
and there aren't so many bugs"

said the unconvinced bride.

Local media was well rep-
resented by HQTV's roving
reporter Rodolpho, Utila East
Wind reporters and visiting Ca-
nadian documentary makers.

"It was great, even though I was
a bit nervous" said the groom
before going over to kiss the
bride.

A menu of chicken and rice
preceded the grand wedding
cake and a free bar service kept
the conversation flowing and
guests dancing well into the
evening.

La iglesia se vistió inmacula-
damente para ser testigo de la
boda del local Augustus Ber-
narda con la bella sueca Ann
Sofie Hubnette.

La ceremonia tomo lugar en la
iglesia de Dios y la recepción
fue realizada en el Jungle Café.
Los invitados entraron por
el elaborado arco de palmas
para llegar al decorado jardín
donde la fiesta comenzó, entre
la música escuchada hubo un



Groom with Bride and Brother

poco de viejas canciones de
reggae.

La atmósfera estuvo apropiada
para la diversidad de invitados
a la boda, como por ejemplo
la familia sueca de la novia,
utileños viejos y jóvenes.

Se tuvo que hacer uso de repe-
lente por la locación del lugar.

"Me habían recomendado
casarme en junio porque para
esa fecha no iban haber tanta
plaga e iba a ver un buen cli-
ma." Así nos comento la novia.

La estación de televisión estuvo
presente filmado por el report-
ero Rodolpho, las reporteras
de Utila East Wind y los cana-
dienses encargados de hacer el
documental de la isla.

"Estuvo genial, aunque estaba

► Severo dolor de cabeza

► Dolor detrás del ojo

► Dolor de músculos

► Nausea y vómito

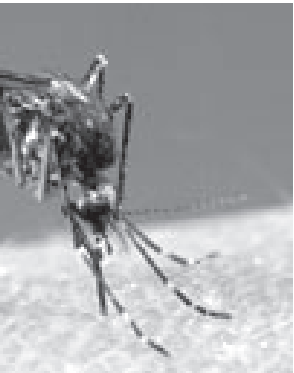
► Alergia o sarpullido

Fiebre de Dengue hemorrágico,
dengue con síndrome de shock
y mas complicaciones serias del
virus típico, también puede in-
cluir sangrado de nariz, encilla-
o debajo de la piel causando
moretes.

Tratamiento

No hay un tratamiento preciso
para tratar esta enfermedad,
el tiempo de recuperación es
de dos semanas y los pacientes
tienen que tomar reposo y man-
tenerse hidratados tomando
medicamento para la fiebre.
Ellos tienen que ser apartados
donde hay mosquitos por la
protección de las otras personas
por síntomas severos de den-
gue un tratamiento temprano y
agresivo hasta le puede salvar
la vida.

Prevención



Groom with Brother



Groom with Brother



un poco nervioso." Así dijo el
novio antes de pasar a besar a
su bella esposa.

Un menú de arroz con pollo
procedió en la gran ceremonia,
por supuesto el pastel, la barra
libre mantuvo un gran ambi-
ente en la fiesta, así pasaron
los invitados bailando hasta la
noche. ■

La mejor manera para prevenir el dengue es tomar precauciones especiales para evitar contacto con los mosquitos especialmente en las mañanas, en las puestas del sol y precaución durante el DIA.

► Use repelente de mosquito conteniendo DEET, picardin o aceite de limón o eucalipto.

► Usar ropa protectora, camisas manga largas, pantalones largos, calcetines y zapatos.

► Cuando este en interiores

HECHOS

Dependiente de la especie, los mosquitos femeninos pueden desovar desde 100 a 300 huevos en un tiempo de 1,000 a 3,000 durante viven.

En todo el mundo, las enfermedades nacidas de mosquitos matan a más gente que otro factor.

La mayoría de los mosquitos no sale a más de una milla de donde fueron concebidos. Algunos salen más hasta 20 millas o más.

Los mosquitos pueden desarrollarse de huevo a adulto en tan poco tiempo como de 4 a 7 días.

procure tener telas metálicas.

► Use redes para mosquito sobre las camas que no están debidamente aseguradas.

► Elimine o trate los estancamientos de agua porque puede proveer concentración de mosquitos, la mejor precaución es eliminar todo tipo de aguas estancadas. ■

FACTS

Only female mosquitoes bite; using proteins from blood to produce eggs.

The mosquito's visual picture is an infrared view of its prey's body temperature.

The average life span of the female mosquito is 3 to 100 days; the male's is 10 to 20 days.

Depending on species, female mosquitoes can lay 100 to 300 eggs at a time and average 1,000 to 3,000 during their life span.

Worldwide, mosquito-borne diseases kill more people than any other single factor.

Most mosquitoes remain within 1 mile of their breeding site. A few species may range up to 20 miles.

Mosquitoes can develop from egg to adult in as little as 4-7 days.

Bands Big Break

Utila East Wind Staff

Utila's rock and roll band Barefoot jetted over to Roatan to perform two back-to-back gigs in the exclusive Black Pearl Nightclub on Friday the 10th of June.

A hardcore group of Utilian supporters fuelled the party atmosphere and the crowds danced well into the early hours of the morning.

"It was the sweatiest concert in my concert history" said Reinor Burk, guitarist, of Saturdays nights successful gig.

There were a few hairy moments however when the drum kit got held up at a wedding and worried drummer, Neil

Ross, had to

warm up

with a

cow

bell

"I'm

not

going

to lie

to you,



this is taking the p**s" he said. Fortunately it arrived in the nick of time and the band stumbled on stage in true rock and roll style.

"We played for three hours, they loved us" said Erbenhard Heinrich, Bass Guitarist.

The trip was organised by pilot Bobbie Skates who flew the band and their equipment over in his private jet.

"The greatest weekend of my life, rock and roll!" said Mr. Ross before leaving with Mr. Zugar and two female groupies on a boat while the remaining two band members and manager Hans Grauer waited for the plane.

The group were in high spirits as they parted however things turned sour when the pilot failed to show up.

An angry Mr. Burk tried to contact the inebriated band members back in Tranquilla bar to send another boat.

Twenty-four hours later and still no boat, the trio had been robbed and abandoned.

"There is no more band. A

band should stick together and they left us" said Manager Mr. Grauer on returning to Utila.

Local Captain Isaac who was visiting on Roatan had come to the rescue and brought them home for free.

"... he even brought us beer" said Mr Burk who is still worried about the disappearance of his electric guitar.

After fears that the band would never play together again an emergency meeting was held on Wednesday the 22nd



Mr. Burk and Mr. Heinrich in full swing

July and a reconciliation took place.

Barefoot plan to play at the Pelican Bar in Sandy Bay as soon as the guitar and other missing equipment is located and returned.

Despite the drama the band have not ruled out the idea of playing in Roatan again however Manager Mr. Grauer said "Next time I will organise it myself." ■



Left Mr. Ross with cowbell. Above Barefoot on the Beach

Oh, darling!



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Dive Shop, Utila Bay Islands, Honduras.

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Community Join to Fix Road

Barbara Kempf

Every rainy season the dirt road to Pumpkin Hill turns into a muddy, slippery path and for people who live in Pumpkin Hill it is very difficult to get to their properties.

This year, for the first time, things will change, thanks to the private initiative of residents and landowners in Pumpkin Hill.

A few years ago about Lps. 7000 were collected and the worst stretches of the road were filled in.

This wasn't nearly enough though and in March 2005 Mr. Andrea Bellavita, Pumpkin Hill resident, and Mr. Donnie Waterhouse, Farm Owner, raised around Lps. 30 000 to fix the road.

Donations came from landowners, businesses, private sponsors and the municipality and there was a fundraiser party at Chepes Beach to let Utilians know about the project.

Mr Bellavita and Mr Waterhouse employed workers to break rocks and lay them on the road, about 300 truck loads of rocks have been placed along

with gravel donated by Glenn Pedersen.

Mr Waterhouse was in charge of supervising the work and did a lot of the labour himself.

The project is currently on hold since more money is needed to make the road passable for cars and other vehicles.

"We hope we can get as much done as possible before winter", says Mr Waterhouse.

There is material in abundance donated by Ms. Jennifer Lowrey, Landowner, "but we have to pay for the trucks and the workers so any donation is welcome", says Mr. Waterhouse

(see box about donations). Mayor Alton Cooper told the Utila East Wind that he wants to thank everybody involved for taking the initiative.

"It serves as an example for everybody on Utila", he says, "to take things in your own hands and start projects like this one."

The new road is part of a bigger project. "In order to improve the infrastructure of the island and sustain development, we have to open up the town", Mayor Cooper tells us.

Within the next one to three years, he says, there will be a proper road to the other side of the island.

Cada época lluviosa la calle a Pumpking Hill se pone lodosa y deslizosa y para la gente que vive en Pumpkin Hill es bien difícil llegar a sus propiedades. Este año las cosas cambiarán gracias ala iniciativa de los residentes y dueños en Pumpkin Hill.

Unos años antes alrededor de Lps.7000 fueron recolectados y las peores instalaciones fueron puestas.

Esto no fue suficiente y en marzo del 2005 el Sr. Andrea

Bellavita, residente de Pumpkin Hill y el Sr. Donnie Waterhouse, dueño de una finca, recolectaron Lps. 30 000 para componer la calle.

Las donaciones vinieron de los dueños, negocios, patrocinadores privados y la municipalidad y también hubo una fiesta para recaudar fondos en Chepes Beach para informarle a los utileños del proyecto.

El Sr. Waterhouse fue encargado de supervisar el trabajo e hizo bastante del trabajo el mismo.

El proyecto esta pospuesto ya que se necesita más dinero para que se haga pasable para carros y otros vehículos.

"Nosotros esperamos llegar a hacer lo máximo posible para que termine antes del invierno," dice el Sr. Waterhouse.

Hay una abundancia en material donado por la Sra. Jennifer Lowrey, Propietaria, "pero tenemos que pagar a las camiones y a los trabajadores así que cualquier donación es bienvenida, dice el Sr. Waterhouse (vea la caja acerca de las donaciones)

Alcalde Alton Cooper mencionó a Utila East Wind que quisiera agradecer a todos in-

volucrados por la iniciativa. "Nos sirve de ejemplo a todos en Utila", dice, "para tomar las cosas en nuestras propias manos y empezar proyectos como este".

El nuevo camino es parte de un desarrollo más grande. "En lugar de mejorar la infraestructura de la isla y sostener el desarrollo, tenemos que unir el pueblo", el alcalde nos dice.

Dentro de los siguientes 3 años, nos dice, va haber una manera adecuada para llegar al otro lado de la isla. ■

DONATIONS

The Pumpkin Hill Road Project needs the support of Utila to continue.

Another 20000 Lempiras are needed to finish before the rainy season.

More funds will be needed to complete the project next year.

From the beginning of July there will be boxes in various shops on the island to collect donations.

Donations can also be brought to Andre at the Mango Café.



Pumpkin Hill and the Northside from the Air

Photo Jeff

Attack

A female Norwegian tourist, 23, was attacked in her hotel room at Gunters back packer lodge on the night of Wednesday, June 22nd.

A ten minute struggle took place at 3:30am after the man broke into her room.

"I was convinced his intention was to rape me", said the victim.

The suspect was black, of medium height and athletic build and wearing a red

shirt. He left behind a digital camera, stolen moments earlier from one of the adjacent rooms, and a silver ring. "It sounds like a drug related attack, impulsive and of high risk" said Tex, Manager of Ecomarine.

Una joven Noruega, 23, fue atacada en su cuarto de hotel en el alojamiento mochilero Gunther's la noche del miércoles 22 de junio. El berrinche duró 10min que se llevándose acabo a las 3:30am cuando el hom-

bre se metió en el cuarto.

"Yo estaba convencida que su intento era violarme"

El sospechoso era de piel negra, tamaño mediano, cuerpo atlético y llevaba una camisa roja.

Dejó detrás una camara digital, robada momentos antes de un cuarto cercano, y un anillo de plata.

"Suenan como un ataque relacionado con drogas, impulsivo y de grandes riesgos," dice Tex, el gerente de Gunters. ■

SJU Water Cay
2005 august, 6
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Blue Pages

Who Are UDSEC?

Ricardo Gonzalez

Utila Dive Safety and Environmental Council was formed in August 2004 as a means for Utila dive operators to get together and implement beneficial projects for the Island.

UDSEC are currently work-

ing on a number of environmental and safety issues, for example:

Buoy project Utila has around 55 buoys marking dive sites, UDSEC working with Fred and Jack from the Point, plan to install many more.

Materials are already on the island which have been paid

for by donations from UDSEC members as well as part of the Utila reef tax collection scheme.

UDSEC also plan to introduce a numbering system for the buoys allowing for a faster response time in case of dive accidents.

Oil collection depot Plans are under way to establish a used oil and lube depot addressing concerns over the dumping of oil in the lagoons and the coastal waters around Utila.

Proposed uses for the waste oil include trash burning, treating wood and shipping to the mainland.

Whale Shark Guidelines UDSEC has formally accepted a set of whale shark encounter and interaction guidelines developed by the Whale shark and Oceanic Re-

search Centre in an effort to protect Utila's famous sharks. These guidelines include limiting the number of divers allowed in the water with the sharks and limiting the number of boats approaching any whale shark, If you have any ideas for UDSEC please feel free to approach them through your Utila dive operator. ■

Two Divers Die in Roatan

Utila East Wind Staff

Two divers died in a scuba diving accident at Pirates Point off Roatan on 23rd June 2005.

Popular local divemaster Tulio Gomez and an unnamed customer diving with Coco View Resort were both found dead on the surface.

The fatalities happened just minutes into the first dive.

Specific details are still unknown as there were no direct witnesses

"We are working with local officials in their investigation to get

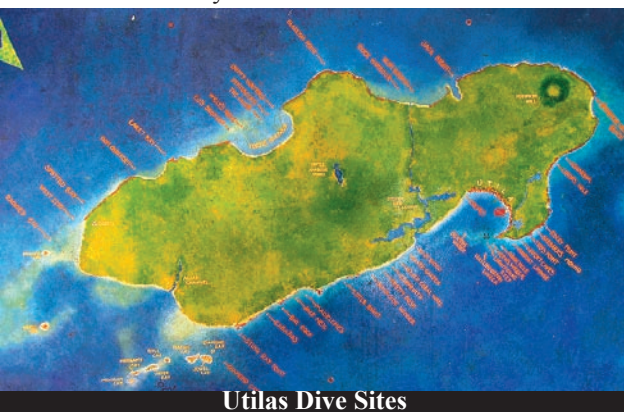
answers.

In the absence of witnesses, we must rely on the autopsy reports & gear inspections to tell us what happened." said Erin Hale, Assistant Manager at Coco View Resort Roatan.

Mr Gomez was a much loved long term employee of the successful Roatan resort

"What a treasure of a human this man was.

He will be sorely missed on the island community of Roatan." said one mourner. Coco View resort suspended all diving in the aftermath of the incident and resumed with staff volunteers and former staff to allow family and friends time to grieve. ■



Utilas Dive Sites

Spot Success!

A Whaleshark recorded on Utila is the first to have been tracked over three years using the Ecocean spot recognition database. The same shark has been recorded moving between Belize and Honduras over multiple years.

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Tec Divers Photo Rosa Alvarez

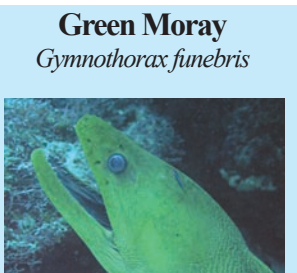
READY FOR A NEW ADVENTURE?

Thomas Erbe & Matt Awry

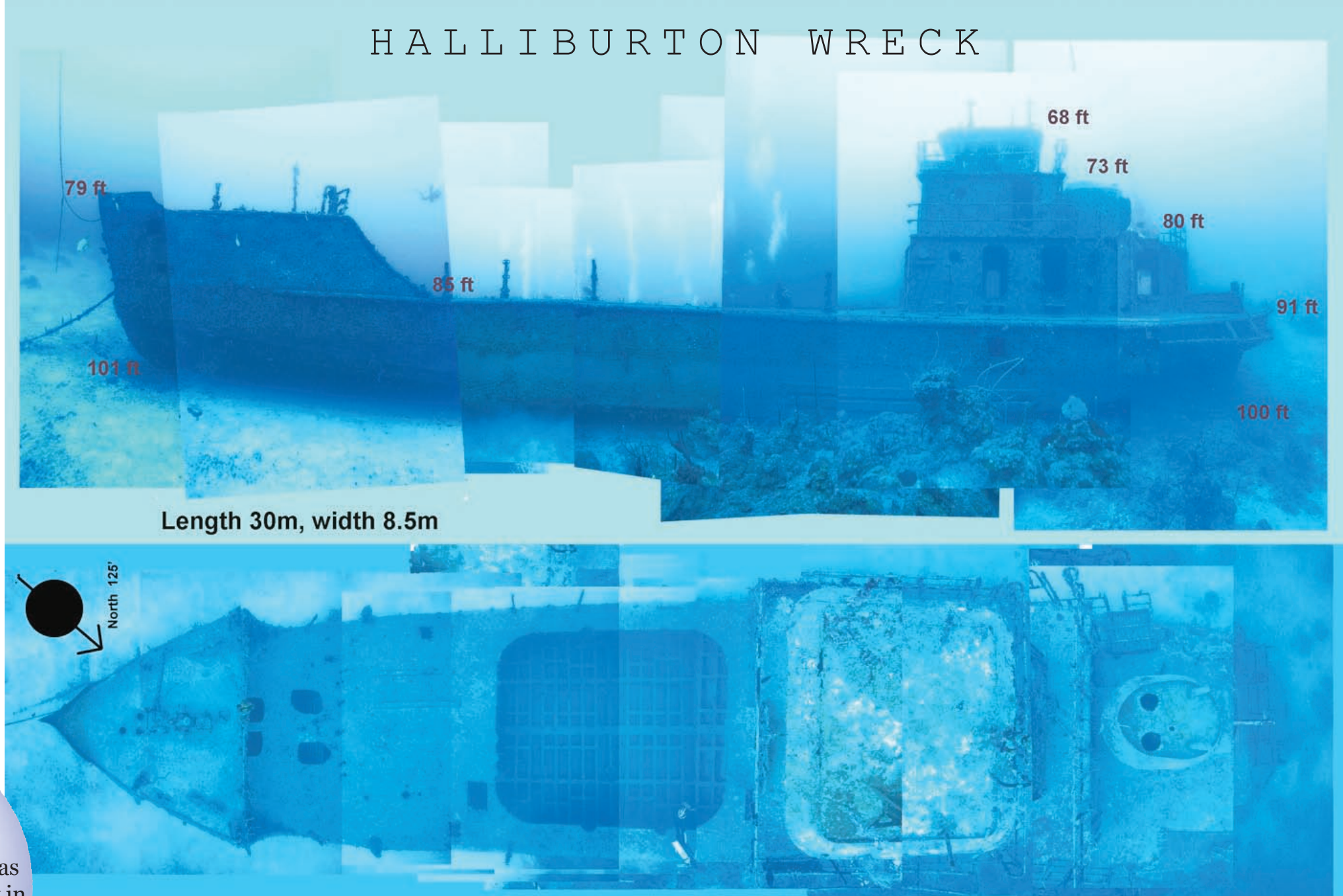
A few years ago the only backpacks commonly seen on Utila were worn by travellers but at the same time a small group of instructors in technical dive gear were beginning to explore Utilas outer reefs and abundant seamounts. But what is technical diving? Tec diving is diving beyond recreational diving limits of 40m/130ft to explore places that few people ever visit. As a technical diver you plan and make safe dives with different gas mixes including air, nitrox

depths to allow surfacing safely is called decompression. During ‘decompression time’ switching to Nitrox or Oxygen means less time ‘off gassing’ and therefore less time hanging around in the water. Furthermore, narcosis caused by nitrogen in the air breathed at depth affects thinking and increases risks. Removing the nitrogen and using Helium in its place can reduce narcosis creating less risk for the diver. This is Trimix, the negative side of which is that Helium takes longer to get out of the bodies system and is quite expensive. The rewards of technical diving are extensive and the best way to find out if it right for you is to give it a try. On just one afternoon you can do a discover tec. dive and get familiar with the equipment. But beware, its not for everyone, you need to fulfil strict requirements and the training is intense. Three dive centres offer courses on the island and Utilas growing team of ‘Teccies’ regularly organise exploration trips and welcome newcomers. ■

British Instructor Matthew Butcher learnt why you shouldn’t provoke wild animals the hard way. He was feeding a sausage to a moray in Thailand when it got confused and bit off his thumb instead. Unfortunately doctors were unable to save the digit.



Family: Morays (*Muraenidae*)
Size: Up to 230cm
Depth: 3 - 40m
Range: North from Massachusetts south to Brazil, throughout the Caribbean.
Description: Large uniform green moray
Where to find them in Utila: Found all over Utilas reefs, often seen guarding the entrance to the caverns at Airport Caves, with at least one resident on Halliburton wreck.
Did You Know? Morays razor sharp teeth slant backwards so that their bite deepens as their victim pulls back.



Expert in Town
At the beginning of July Brian Dias, Director of Outreach & Education for REEF one of the worlds leading reef/fish surveyors, will be doing a one day reef fish id course including two dives, Padi speciality certification, a REEF starter pack and certification as a REEF Level 2 Surveyor. Contact Steve Fox at Deep Blue for more info.

DIVE SITE OF THE MONTH
THE HALLIBURTON
Ayesha Cantrell
A cargo ship intentionally sunk on the 4th May of 1998 to make both an artificial reef and offer divers a chance to experience a wreck dive and the opportunity of penetration. Many divers enjoy experiencing the marine life that has since made the ship its new home. The site is an advanced site, great for photography and suitable for penetration. The ship itself lies upright in 30m of water on a sloping sandy bottom and is accessible via two buoys on both bow and stern. 30 metres long and still intact, the whole structure including cargo bay and wheelhouse can be easily viewed, and you can carefully peer into the wheelhouse and through open doors, there are even two bikes padlocked to the ship. Barracudas and groupers make their home on the wreck and lately a green moray has been noticed skulking under the keel. Inside divers will find a relatively clean wreck with many hanging wires, an abundance of fire coral, fireworms, nudibranchs and black margate. Swimming from the hold to the engine room and on the back wall divers can see the ships weight displayed - 110 imperial tones (130.48 metric). Divers, with good air consumption, also have the choice to follow the reef which gently slopes upwards from port side towards the stern. Following this reef will bring you to Rons Wreck buoy and give you the chance to see both the wreck and some more of Utilas beautiful reef life.

Utila’s newest Dive Professionals
DM’s
Alton’s Jacob Sjoeborg Alex Room Elliot Slocombe Itay Sherman Ben Hofer
BICD
Bartlomiej Kwieciszewski Neil Ross Mike Harding Rutger Krall Gretel Nitschke Kalina Amora Korba Sal Kate Bliss
Captain Morgan’s
Robin Payne Kelly Caughey
Deep Blue
Vikki Reid Louis O’Shea Naomi McConway
Ecomarine
Simon Speck Norman Hewitt Laurent Dobbler Elisabeth Grueneis
Underwater Vision
Emily Jones Emily Bradshaw
UDC
Silvana Solelhac Sandi Blair Nick Goldsmith Roberto Calderon Alberto Calderon
Tania Brunos Richard Allen Chris Burrowswood Dillion Mosnot Mark Schlosser Laurent Balorin Valerie Charette
Watersports
Christoph Gross Lea Griffin
AI’s UDC
Richard Allen Matthew Knight Marieke Mueller
Watersports
Christoph Gross Rob Pugh
Instructors
BICD
Ben Loveday Teresa Loveless Eva Linde Constance Horvath Stephane Nakache
Deep Blue
Diana van der Windt
UDC
Ben Wilson Ian Young Remi Michaud Marco Pineda Sage Hobbs Ali Haskell Laura Fosco Sarah Fisher Steve Fisher

Atlantic Airlines
Donde Volar es un Placer
Atlantic Airlines
Donde Volar es un Placer

Thinking Green
Jules Page & Dan Cain
The ICRAN Mesoamerican Reef Alliance and major environmental players from around the world who are concerned with the plight of our waterways and reef systems met in Roatan on the 8th June. The Coral Reef Alliance, United Nations Fund, World Wildlife Foundation, The International Coral Reef Action

we can better look after the Mesoamerican Barrier System. Introducing new standards for businesses associated with using the reef, such as dive and tour operators, hotels, cruise ships and fishermen will help ensure the productivity of the second largest reef system in the world. This reef is an integral part of Mexico’s, Belize’s and Honduras’s fishing and tourist industries and it’s important they work together to minimize the impact of humans on the reef. One of the main topics was

the importance of watershed areas i.e. Mangroves. As a result of destruction and poor management there are higher nutrient levels leading to more algae, this in turn grows over coral effectively killing it. Another factor leading to these nutrient rich levels and altering the delicate balance is the disposal of untreated waste. Septic tanks are becoming increasingly popular on Utila. Many businesses are realizing that releasing raw effluent directly into our harbour is having a detrimental effect

on our reefs, which in turn will affect their business. Luckily most businesses are catching on and hopefully we will not be seeing ‘drop toilets’ in the future. You can join the task force too, or if you prefer to review and provide comments just log on to www.coralreefalliance.org/parks/mar/taskforcereg.html. Alternatively you can contact Simon or Andrina at WSORC or Jules at UDC. “Ultimately, our challenge is not to manage reefs, it is to manage ourselves”, Jean Michael Cousteau. ■

FAMILY DENTISTRY CLINIC
Dr. Emilio Campos

DENTAL COSMETIC
Dr. Emilio Campos
- Prosthetic Rehabilitation, Bridges and Porcelain Crowns
- Peridontics: Gum disease (Bad breathe and bleeding)
- Esthetic Work - Resin and porcelain incrustations
- Teeth Whitening

ORTHODONCY AND MAXILAR ORTHOPEDY
Dr. Reniery Umanzor
- Braces for crooked or separated teeth.
- Orthopedic apparatus to prevent tooth removal.
- Esthetic or metallic brackets.

ENDODONCIST
Dr. Florencia Portillo
- Dental pain - Root canal to prevent tooth loss
- Cold / Hot Tooth sensivity

DENTAL SURGEON - IMPLANT SPECIALIST
Dr. Allan Guillén
- Dental Implants - Maxillar Surgery - Dental Surgery
- Dental Surgery (Surgery on impacted molars, third Molars, Cysts)
- Pain and Articulation sounds from teeth.

Condominio Médico Profesional, Tel: 443-0410. La Ceiba, Honduras.

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more fun dives
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safety & quality
tons of languages
whale sharks!

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6:30pm
(sun until 12pm)**

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We even deliver all over town!

PLUS - New dock out back for sailboat dinghies

Proud sponsors of the 2005 carnival July 23rd - 31st

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Learn in:

**English
Spanish
French
German
Japanese
Norwegian
Hebrew**



**Small classes
max 4 persons
Backpacker lodge
accommodation
available
1min. from
the beach**



**Tel: (504) 245 3350
Email: ecomar@hondutel.hn**

Diving Utila Since 1970

RESTAURANT + BAR GUIDE

Opening Hours		Details	Tel. no.
Bando Beach	9am - 5.30pm	Beach bar, snacks	425 3190
Bar in the bush	Wed/Fri, 9pm - late	Night club	
Big mammas cafe	6am - 4pm	Sandwiches and breakfast	425 3883
Bundu Cafe	Mon - Sat, 8am - 3pm; Tue/Thur/Sun, 6pm - 10pm	Sandwiches, salads and international food	425 3557
Cafe Barracuda	Mon -Sat, 6.30am - 11pm	International food	
Captain Jacks	7am - 2pm	Local food	425 3273
Casino	8am - 12am, Sat til 3am	Night club and local food	
Coco Loco	4pm - 12am, Fri/Sat til 1am	Dock bar	
Cola de Mico Pool Hall	Tue - Sun, 9am - 10pm; Fri/Sat til 12pm	Pool bar	
Coopers Inn	5pm - 10pm, closed Wed, Sun	Pizza and pasta	425 3184
Dave's Restaurant	Mon - Sat, 6.30pm - 9.30pm	BBQ	
Driftwood Cafe	7am - 10pm	International food and seafood	425 3266
El Castillo	Tur - Mon, 6pm - 10pm	European food	425 3329
Fidi's Bar	Tue - Sun, 10am - 7pm	Local food	425 3185
Glady's Big Burgers	11am - 10pm	Burgers	
Holand's Restaurant	11.30am - 2pm	Local food	425 3206
Jade Seahorse	7am - 10pm, closed Tue/Wed	International food	425 3270
Jungle Cafe	3pm - late	International food Tue/Fri/Sun Bar open daily	
Kobs	9am - 10pm	Ice cream	
La Cassetta de Coca	Tue - Sun, 8am - 10pm	Snacks	
La Piccola	Wed - Sun, 5pm - 10pm	Italian food	425 3746
Las Delicias	3pm - 12am, Sat 3pm - 3am	Bar and Snacks	425 3361
Mamita's Place	Mon - Sat, 7.30am - 2pm 4.30pm - 10pm	Local food	
Mango Inn	6.30am - 9.30pm	Pizza and international food	425 3410
Mango Tree Gelateria	Mon - Sat, 8am - 10pm, Sun 10am - 10pm	Gelato and American coffee	425 3335
Mermaids	Sun - Thur 11am - 10pm, Fri til 3pm Sat 6.30pm- 10pm	International fast food, delivery available	425 3299
Munchies	6am - 10pm	International Food	425 3168
Paisano	7am - 10pm	Local food	425 2311
Pelican Bar	11am - 10pm	Beach bar and international food	
RJ's	Wed/Fri/Sun 5.30pm 9.30pm	BBQ	
Seabreakers	5pm - 12am	Dock bar	
Seven Seas	Tue - Sun 6am - 10pm	Local food	425 3377
Skidrows	3pm - 12am	Bar	
The Island Cafe	Mon - Sat 5pm - 10pm	Local food	
Tranquila	3pm - 12am, Fri/Sat til 2.30am	Dock bar	
Treetanic Bar	7pm - 12am	Cocktail bar	425 3270
Ultralight Cafe	Sun - Fri 7am - 10pm	Israeli food	425 3201
Utila Cuisine	9am - 10pm	Local and vegetarian cuisine	425 3214
Zanzibar Cafe	7am - 4pm	Local food	

HOTELS

	Rooms	Price range	Facilities	Opening hours	Tel no.
Alton's Dive Inn	13	\$3 - \$4 / person	Ocean front rooms, fan, shared bathroom, dock, kayaks	7am - 7pm	425 3704
Backpackers	6	\$2 - \$9	Share kitchen, fan, share bathroom, 1min from the beach	7am -7pm	425 3350
Bay View Hotel	11	\$16 - \$22	Private bathroom, fan, hot water, fridge, ocean view	8am - 8pm not Sun	425 3114
Captain Morgans	8	\$3 - \$5 / person	Private bathroom, fan.	7:30am - 6pm	425 3349
Collibiri	8	\$25 - \$35	Restaurant, bar, pool, hot water, a/c or fan and seaviews	9am - 12pm 3.30pm - 6.30pm	425 3329
Coopers Inn	16	Lps 120 - 150	Kitchen, resturant, fans, shared bathrooms.	8am - 9:30pm	425 3184
Cross Creek Dive shop	14	\$3 / person	Fan, shared shower, shared kitchen and lounge	8am - 6.30pm	425 3334
Cross Creek Cabins	4	\$28 - \$35	A/C, hot water, cable tv, fridge	8am - 6.30pm	425 3334
Hollands Inn	6	\$12 - \$30 / room	Private bathroom, fan, a/c.	7am - 9pm	425 3206
Hotel Utila	20	\$14 - \$51	Hot water, a/c, fan, private bath	7am - 7pm	425 3340
Jade Seahorse	6	\$72 / cabin, \$12 / extra person	Private bathroom, hot water, fans, a/c, fridge	8am - 9pm	425 3270
Mango Inn	26	\$3 / person - \$75 / room	Pool, private bathroom, a/c, fan, tv, fridge, restaurant/bar, wireless network	6am - 8pm	425 3305
Rubi's Inn	12	\$20 - \$30 / room	Fan, a/c, private bath, hot water, fridge, honeymoon suite, private balcony, waterfront.	7am - 7pm	425 3240
The Lodge	8	\$65 - \$95	Private batroom, fan, hot water, a/c, tv	7am - 6pm	425 3291
Tropical Sunset, Seayeye resort	25	\$25 - \$125	Bar,Restaurant, Free use of Bando beach, dock, kayaks	8am - 614pm	425 3190
Trudy's	28	\$3 - \$6 / person	Fan, shared bathroom	7am - 7pm	425 3103
Trudy Suites	7	\$45 - \$50	A/C, hot water, tv, fridge, microwave	7am - 7pm	425 3103
Watersports - The Mansion	6	\$3 / person	Hostel style, shared kitchen, shared bathrooms	9am - 7pm	425 3239

SERVICES

HEALTH SERVICES
Utila Community Clinic
(Dr John) 425 3137
Mon-Fri 8am-12pm
Centro de Salud 425 3277
Mon-Fri, 8am-12pm
Medical Store Mon-Sun, 8am-8pm
Chamber 425 3378
Mon - Sat 8.30 - 3.30
Dental clinic 425 3371
BANKS
BGA 425 3117
Mon - Fri 8.30 - 3.30 Sat til 12.30
Banco Atlantico 425 3374
Mon - Fri 8.30am - 3.30pm Sat till 12.30
SUPERMARKETS
Bush 4253147
Mon - Sat 6:30am- 6pm; Sun til 12pm
Hendersons 425 3148
Mon - Sat, 7am-12pm, 2-6:30pm
Rose 425 3283
Mon - Sat, 7am - 12pm, 2-8pm
Sea Eye Store Mon - Sun, 6am-12pm, 2pm -6pm
Samanthas (7/11) 7:30am-11pm
Meat Mart Mon - Sat, 7am-12pm, 2-6pm, Sun til 12
HARDWARE STORES
Delco Mon - Fri/Sun, 8am-6pm
Madera 5 Sisters Mon-Fri, 7am-12pm, 1:30-5:30, Sun 8am-12pm
Ferreteria Rose

Mon-Fri 7am-12pm 1:30-5:30
Sun 8am-12pm
BAKERIES
Camilla's Bakery
Mon - Fri, 8:30am-2pm
Sweet Tooth Bakery
Mon-Fri 6am-12pm
INTERNET
JC's Mon - Sat 9am - 7pm
Sun 10am - 6pm
Hideout Mon-Sat 8am-8pm
Cay Caulker Cyber Cafe
Mon-Sat 8am-9pm, Sun til 5:30
Mermaids
Sun-Thur 9am - 10pm,
Fri 9am-5pm, Sat 6-10pm
Howells Sun-thur 9am-6pm, Fri 9am-5pm
Mango Tree
Mon-Sat 9am-8pm, Sun 8-10pm
Triple H Sun - Thr 8.30am-9pm
Fri 8.30am-4pm Sat 7am-9pm
TRAVEL AGENTS
World Wide Travel 425 3394
Mon-Fri 8am-4pm Sat til12pm
SCHOOLS
Escuela Republica de Honduras 425 3399
Methodist School 425 3272
OTHERS
Fringe Salon Mon/Tue/Thur 9am - 1pm, 2pm - 6pm. Fri/Sat 12 am - 8pm
Utila Telephone Co. 8am - 8pm
Johnny's Water 425 3304
7am - 7pm

AIRLINES

	Place	To Utila	From Utila	Price
Sosa 425 3161	La Ceiba	06:00 (not Sun), 15:30	06:20, 09:50 (not sun)	\$32
	SPS	08:15, 14:15 (not sun)	06:30, 07:50 (not sun)	\$90
Atlantic 425 3364	La Ceiba	07:00 (not sun), 15:15	07:50 (not sun), 15:50	\$32
	Roatan	06:15 (not sun), 12:30	07:30 (not sun), 15:30	\$63
	SPS	13:50	07:50	\$75

CHURCH SERVICES

Utila Catholic Church
7pm Thu, Sat & Sun
7pm Jue, Sab y Dom
9am Sunday Shool
9am Dom clases para ninos.
Mizpath Methodist Church
425 3205
Sun 10:30am Preaching
Sun 2:30pm Sunday School
Sun 7pm Preaching
Mon 7pm Christian Endeavour
Wed 6.30pm Bible study
Fri 7pm Prayer meeting
7th Day Adventist Church
Sun Evangelistic service 7pm
Wed prayer meeting 7pm
Fri youth meeting 7pm
Sat Sabbath school 8:45am
Sat devine service 11am
Utila Church of God
425 3151
Sun school 9am
Sun worship 10am
Sun evening service 7pm
Mon lady service 7pm
Tue youth service 7pm
Thur 7pm
Friday youth service 7pm

TAXI

Hank's Taxi – Tel 425 3180
397 1678
Gringo's Taxi – Tel 376 6049
Paisano Taxi – Tel 425 3311

PRINCESS FERRY

Tel 435 3390
Utila – La Ceiba: 6:20am & 2pm
La Ceiba – Utila 9:30am & 4pm
Adults: \$14 ow
Children (6 – 12 yrs): \$7 ow
Children (under 6): free

MEDIA

HQTV Channel 31
Tel 425 3357
Utila's local television channel
Shelby Mcnab with a round up of daily news
7pm - 8pm Mon - Thur.
Channel 17
Local messages and nformation
Magic FM
107.1 FM
The Roatan Bruce Show
12pm - 1pm Mon - Fri

TELEPHONE LIST

Tourist Information **425 3255**
BICA **425 3260**
Immigration Offices **425 3365**
Post Office **425 3167**
Municipality Offices **425 3255**
Police **425 3145**
Tropico Internet **440 3136**
UPCO **425 3193**
Hondutel 425 3101
Port Captain 425 3116

DEAR DR. JOHN



Dr. John

Dear Doctor John,
I am writing this letter from my hospital room in Switzerland. This is my home although I miss my adventures in learning how to scuba dive on Utila. Let me explain my present condition. I have holes in both eardrums from ear squeeze and when I blow my nose, there is a whistle. My sinuses bleed every day from sinus squeeze. Both my eyes are black and blue from mask squeeze. I scraped my right foot on coral and because of an infection I had to have my foot amputated. On one of my dives, I came up too quickly and collapsed a

lung.

I now have a chest tube in place to keep my lung expanded. I have permanent ringing in both ears and every time I turn my head, the room spins. I also got bent and am paralysed from the waist down and can't feel a thing in my legs.

This means that I have to have a permanent catheter in place in order to urinate.

I had 20 hyperbaric oxygen chamber treatments and had to sell my house in order to pay for these treatments.

In addition to the above, a bar-racuda saw my dangling gold necklace and ripped out part of my throat and now I also have a tube in my neck in order to breathe.

I have tendinitis in both elbows from lifting scuba tanks and a broken big toe on my left foot from dropping a damn tank on it.

I'm seeing a psychiatrist every day for post-traumatic stress syndrome from all of these dive adventures and I have had one doctor suggest that I learn how to paint with a brush in my mouth because I will never get

better.

I'm a cheese maker by trade.

I only have one problem though in spite of all of the above.

I only need one more dive in order to get my open water certification.

I love the beautiful island of Utila and I have just enough money left to get back there.

I'd also like to see a Whale Shark.

My question is when can I return to diving?

Sincerely,

Diehard Scuba Diver

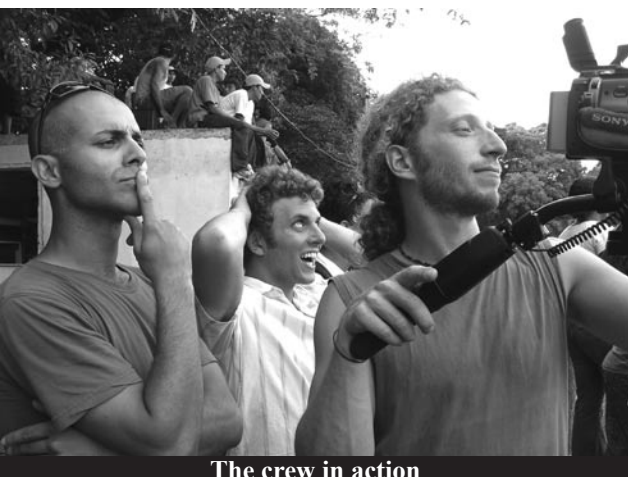
Dear Diehard,

You can return to diving immediately but this time out of an aeroplane at 30,000 ft. above the sea and preferably over the north-side of Utila.

After you exit the plane and are drifting slowly down, perhaps with a good Eastwind you just might see that Whale Shark that you have been looking for.

If you make a hard landing on the Ironshore perhaps only then will a dive shop award you with your open water certification post-humously. ■

Lights, Camera...Action!



The crew in action

Utila East Wind Staff

Last month three film makers from Canada were working on the island to put together a documentary about Utila.

The documentary will examine Utila's unique island flavour and try to understand its varied inhabitants.

"We heard Utila was different, not your average island. We want to understand how everything works... or doesn't?" said Boaz Beeri, Director.

They were filming at locations all over the island, Bar in the Bush, Dr. John's clinic, the wedding of Augustus and Sophie and interviewing a range of local characters.

"Our favourite footage so far is

from HQTV" said cameraman Elad Winkler.

The trio spent an evening at HQTV's studios on Cola Mica road filming the broadcasting of Shelby McNab's nightly news-show.

The post production is due to be completed by March, when the documentary will be shown at festivals in Canada.

"We hope to sell the programme to Canadian TV" said Jon Medow, researcher and sound technician. It will also be possible to view it here on Utila, the filmmakers have promised to send a completed copy back to the island for HQTV.

El mes pasado tres filmadores de

Canadá están trabajando en la isla para lograr hacer un documental acerca de Utila.

El documental va a examinar el sabor único de Utila y tratar de entender la variedad de habitantes de la isla.

"Escuchamos que Utila es diferente, no es una isla común. Queremos tratar de entender como las cosas funcionan... o no funcionan." Nos dijeron Boaz Beeri, director.

Ellos han estado filmando alrededor de la isla, bar in the bush, la clínica de Dr. John, la boda de Augustus y Sofie y han estado entrevistando a personajes locales.

"Nuestro favorito montaje fue el de HQTV, hasta el momento." Dijo el camarógrafo Elad Winkler.

El trío pasó la noche en los estudios de HQTV en la calle cola de mico filmando

La post producción será completada para marzo, cuando el documento será visto en el festival de Canadá.

"Esperamos vender el programa a la televisión Canadiense dice Jon Medow, el investigador y el técnico de sonido.

También va a ser visto aquí en Utila, los filmadores han prometido mandar una copia completa ala isla a HQTV. ■

Dear God,

I know you don't hear from me as often as you'd like to.

These days I seem so very short on time and energy as I run here and there trying to finish tasks that have no end, and having conversations on the phone with people I've never met.

When I hang up the phone, I place a check mark next to another task on my list and for a fleeting moment I relish the feeling of accomplishment.

By the day's end I am used up and in great need of rest. Sometimes I want to talk to you and tell you about everything and let you know that I still need you even when all seems perfectly well in my life.

I want to tell you, and sometimes I begin to do so, and then I drift to my sleep and my words trail off and I mumble before I am completely silent. Forgive me for the many times I left you in mid prayer.

It wasn't that I didn't want to talk to you. I just couldn't then.

You've always been my rock and fortress, strong and unchanging. For a friend with those qualities, I should be willing to spend some time during my waking hours talking and sharing, and I will.

I promise you I'll make the time. Thank you ever so much for your love and patience. Thank you for loving me.

Marlee Howell

~

La Oración

Querido Dios, se que no has escuchado de mi tanto como quisiera.

Estos días me parece que he estado tan corto de tiempo y de energía tratando de terminar mis tareas y teniendo conversaciones con gente que no conoceré.

Cuando cuelgo el teléfono pongo un check en mi lista de que hacer, y me siento bien al realizar mis tareas.

Por días he estado pensando en tomar un descanso. A veces que quiero hablar contigo y decirte todo acerca de lo que he pasado, y aunque todo vaya bien siempre te necesito.

Quiero decirte y algunas veces comienzo después me desvío a mi sueño y mis palabras llegan a su fin y solo murmureo hasta que estoy completamente silenciosa.

Perdóname por todas esas veces que te he dejado a la mitad del camino.

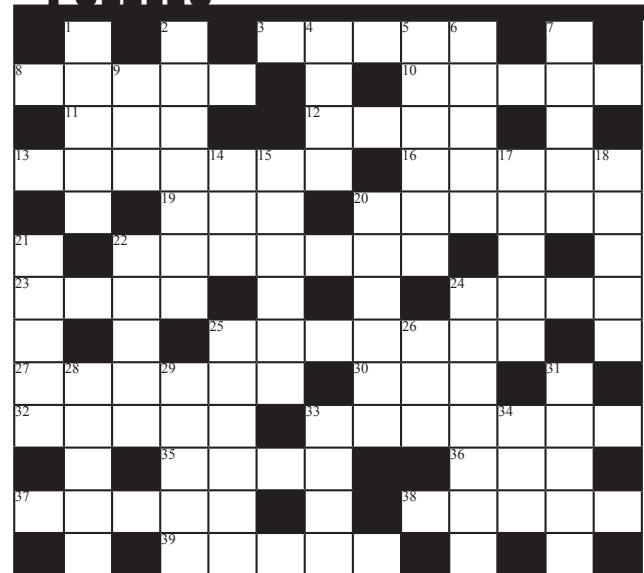
No era que no quería hablarte. Sino que no podía en esos momentos.

Siempre has sido mi piedra y mi fortaleza, fuerte e in cambiante. Por un amigo con esas cualidades, debería cederte más tiempo durante mis horas despierta hablando y dando, y lo haré. Te prometo que haré tiempo para ti.

Gracias por tu amor y paciencia. Gracias por amarme.

Marlee Howell

PUZZLES



Down

- Plot (5)
- American bread snack (7)
- # (4)
- Use one to climb up (6)
- A board for filing nails (5)
- A Peruvian mammal (5)
- Mohammed (3)
- Electrically charged atom (3)
- Absorb (4,2)
- Utilian dive organisation (5)
- Thick and sweet (5)
- Capital of Tasmania (6)
- Home to the second largest population in the world (5)
- Home to the Teenage Mutant Ninja Turtles. (5)
- Relocate (7)
- Person of legal matters (6)
- Drink from dried leaves (3)
- Insane (5)
- Member of special Honduran forces (5)
- Of ancient Empire (5)
- Stitching (4)
- Perish (3)

Across

- 3 & 8. Old Tom (5, 5)
- Sufficient (5)
- Beer (3)
- Edge (4)
- Of Scotland, England or Wales (7)
- Bongos for example (5)
- Animal park (3)
- A previous romanticised time (6)
- US representative of the people (7)
- Xmas (4)
- Food card (4)
- Fan of the moon (7)
- Frozen hat (6)
- Underwater breathing apparatus (3)
- Pointer (5)
- Fame (7)
- Eight bits (4)
- Ready,, fire (3)
- Deep blue (5)
- Eat one at RJ's (5)
- Smell (5)

Quick Teaser

Enter the numbers 1 to 9 in the blank squares in such a way that each row, column and smaller square contains the numbers 1 to 9.

		1			3		4	
	4		7	9				8
9		5				6		
		7			8			5
1		2		6		3		7
5			9			1		
		4				2		3
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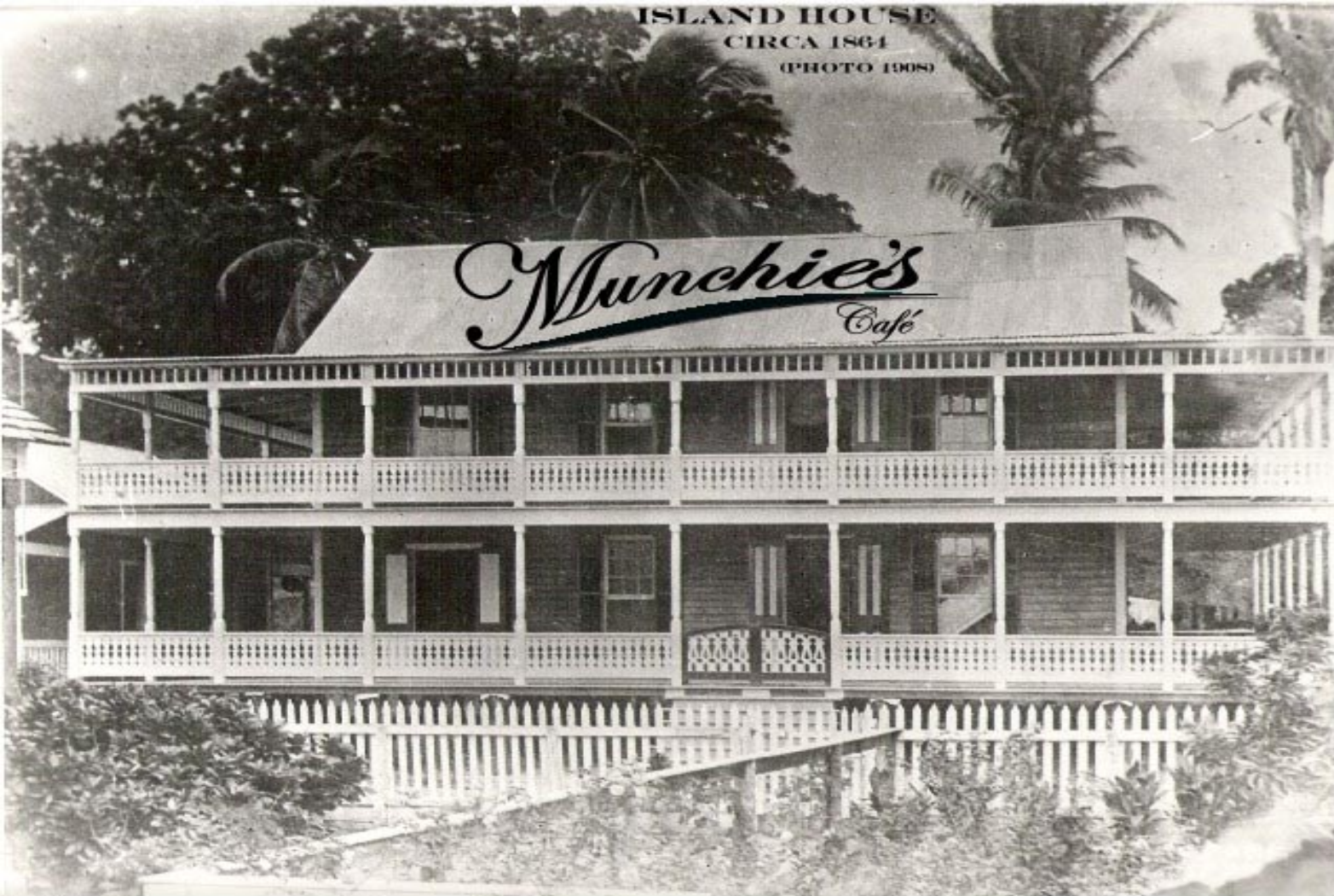
June's Answers

Quick Teaser

3 5
8 1 9 2
4 6

G	H	O	S	T	O	P	S	A	L	M
E	H	A	B	A	T	A	T	A	A	
O	R	G	A	N	S	P	A	D	R	E
B	M		C	I	G	A	R	V		
C	A	B	A	N	A	S	Y	O	A	F
A	L	A	N		N	B	A	R	R	E
N	G		S	O	D	A	S	D	O	
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A	G	G	R	O	R	E	A	R	T	H
A		C	U	R	R	E	N	T	A	

ISLAND HOUSE
CIRCA 1861
(PHOTO 1908)



Munchie's
Café

**10%
OFF**
PER PERSON
WITH COUPON!



**10%
OFF**
PER PERSON
WITH COUPON!

COUPON MUST BE PRESENTED TO STAFF VALID UNTIL 01 JULY '05

Munchie's, in Utila's historic Island House, invites you to sample our Fare with a 10% Off Coupon!

Rubi's Inn

Tel/fax:
425 3240

rubisinn@yahoo.com

Ocean Front Rooms

Private Bath

Hot Water

A/C or fan



On Utila first Island of the Caribbean come and share the refinement, the fun Utila can offer through the hosts of Jade Seahorse and Nightland!

Also home to
Jade Seahorse Restaurant and Treetanic Bar

**VISIT FOR A DAY
REMEMBER FOR A LIFETIME**

The Ultimate lodging experience.

www.jadeseahorse.com www.vrbo.com

Tel. 425 3270

Fantasy Cabins on Utila



La Piccola

"Kates Italian Restaurant"

Authentic Italian Cuisine

Specialised in Homemade Pasta

World Wide Selection of Wine

Imported Meat & Fresh local Fish

Extensive Vegetarian Menu

Backpacker Menu Available

Italian Deserts

Open Wednesday to Sunday

5.00pm - 10.00pm

Located on the main street next
to Delco

Tel: 425 3746

Paradise Divers

Utila
Bay Islands
Honduras



Tel: 425-3148

Behind Henderson's Supermarket

ACE INTERNATIONAL REAL ESTATE

THE PRINCESS BUSINESS PLAZA, TOWN CENTER, UTILA, THE BAY ISLANDS, HONDURAS



Discover Utila.....The Flower of the Caribbean



PINE POINT DOUBLE LOT

Pine Point is located on the west end of Utila. Here you will experience stunning sunsets, calm waters and unmatched views of the Utila Cayes and mainland mountains. All lots include space at the Pine Point Marina and 85 feet of beachfront, ideal for swimming and snorkeling lovers. This area really is a wonderful, peaceful place for your new home. \$170,000.00 FIRM



JACK NEAL BEACH

Jack Neal Beach is the pure vision of the Caribbean. Pure white powdery sand, stunning coral reefs and vibrant turquoise waters will leave you spellbound. This is a must see to the discriminating eye.

5.8 acres with 100' of oceanfront \$180,000.00
0.68 acres with 72' of beachfront \$90,000.00



DON QUICKSET HARBOUR

On The North Shore of the Caribbean Island Utila is the harbour known as Don Quickset. Stunning Technicolor coral reefs, pristine white sandy beaches backed by tall coconut palms invoke the very essence of the Caribbean. A healthy barrier reef could provide safe harbour for a marina and a channel in the coral reef provides easy boat access to this exotic and unspoiled treasure. This property is a 80 acre parcel with over 3200' of ocean frontage and could suit many different development concepts from residential to large scale resort development. \$3,000,000.00



COMMERCIAL LOT AIRPORT ROAD

This is a prime commercial lot located at the intersection of the Airport/Town Center Road and Bambo Walk. The lot is over 7000 square foot with access to town power, water, cable etc... This is a great buy and hold. \$59,000.00. FINANCING AVAILABLE.



MANGO COTTAGE

This is a great 2 bedroom home located adjacent to the Mango Inn featuring a half acre lot loaded with fruit trees. The interior has over 1200 square foot of living area, air conditioned bedrooms, natural wood floors, hot water and much more. This home is conveniently located beside the Mango Inn Hotel and restaurant. Existing rental/management program with Mango Inn Hotel. \$149,000.00



ROCK HARBOUR BEACHFRONT

This parcel has 372' of white sandy beachfront on 3.45 acres in the heart of Rock Harbour. Fantastic property that will suit many types of development. \$650,000.00



BAR IN THE BUSH

This is an amazing opportunity. Utila's legendary Bar In The Bush is for sale. Included are six 80'x80' lots, two homes, manager's apartment, the entire bar facility including many extras, town water, town power, backup generator, water cisterns and much more. This package could easily be added to. There is plenty of space to add cabins, swimming pool, etc... The property has 420' of road frontage on the new airport road and is located on a corner. This is an important property and we highly recommend it as a great investment \$350,000.00



PARADISE COVE DOUBLE LOT

This is a dream location for your getaway home. This double lot is located in the heart of The Paradise Cove development by Tradewind Properties and features stunning sea views, coral gardens in the cove, easy access to town and much more. \$200,000.00



TREASURE BEACH

Welcome to Utila's newest residential sub-division, Treasure Beach. There are 5 remaining lots located on the West shore of Utila, each one offering spectacular Caye and mountain views and approx 75 foot of beachfront. The white sand hole is the perfect swimming area and only 100 feet from the beach you will find the spectacular reef — a snorkeling paradise. Only 2 minutes from the Cayes, the location is convenient for access to amenities but private enough for the ultimate Caribbean retreat. Beachfront starting at \$125,000.00



MANGO TREE BUSINESS CENTER

Located on Utila's bustling main street, this attractive 3-storey wooden complex is built surrounding a large mango tree and is well established as a popular resting place for the Island's visitors and locals alike. This is an excellent commercial property located in Utila's Town Centre. Current clients include Bay Islands Internet, Island Creations Boutique, The Wine Shoppe and Mango Tree Gelateria. \$390,000.00

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JUST KIDS

Can you find your way through the octopus maze?



CLASSIFIEDS

Services

Multiservicios y distribuciones generales ofrece productos de limpieza. No necesito pagar por flete solamente llama al 374-7924 con Delmino Varela y tendras tu producto en 24 horas.

Computer clases, flexible schedule, 3hrs/wk contact Sheryl @ Triple H internet.

Ma-merr's day care, open mon-fri 7am-8pm 2mths - 3yrs old, behind deposito Pepsi. Come in and see us!

Mr Fix it, for all your scuba gear. Contact Guillermo @ UDC.

Traditional Thai massage, reflexology, Indian head massage, body massage.

Ask for Andrina, Simon or Tara @ BICD 425-3210 email: simon.andrina@gmail.com

Computer classes, flexible schedule, 3hrs/wk contact Sheryl @ Triple H internet.

Ma-merr's day care, open mon-fri 7am-8pm 2mths - 3yrs old, behind deposito Pepsi. Come in and see us!

Traditional Thai massage, reflexology, Indian head massage, body massage.

collection. \$25 / two divers call 425-3504 and ask for Ayesha or Tara.

Lost **Walkie Talkies** reward given for return of stolen walkie talkies. See "Goofy" Tom.

For Sale **A/C Window** units from the USA. For more information contact Liz or Rudy @ Taunties boutique or 379-1045

Paint Ball Equipment all gear needed to play. See Brooks @ Tranquila. 26 ft. Skiff with console and scuba tank racks. \$3500. Captain Morgan's 425-3349.

Wanted **Drummer** for Rock and Roll Band See band members for more info.

Jobs **Local Sports Correspondent** needed for newspaper Contact Tara and Louise at utilaeastwind@gmail.com.

Lonely Hearts Alex MU-

for busy restaurant 5:30 - 9:30 Wed, Fri, Sun. Contact Julie at RJ's. **Newspaper Delivery** **Boy/Girl** for local newspaper contact Tara & Louise on 373 8530

Birthdays **Tom**, 28th July, have a good one, i'll be sending you that fiver, Lu x Ayesha, Happy birthday for the 18th, Tara & Louise... dont go!

Lonely Hearts Alex MU-

CUIG Sandra. **Messages** **Si and Mag-** Congratulations!!! All my love Txx **Tim** can't wait to meeting you, lots of love Auntie Tara. Anna and Otto, dont grow too old without me, hugs and kisses, Louise x **Ben** you cant just walk out on us like that.... If you would like to submit a free classified in next month's paper email: utilaeastwind@gmail.com

BUNDU CAFE

425 3557

Open 8am - 3pm Mon - Sat

Fruit Salad - crepes - granola - bagels - bagettes

salads - coffee - espresso - cappuccino - mochas

fruit smooties - fresh juices - great vegetarian choices

Charlotte's famous Swedish Apple Pie

BUNDU NIGHTS

TUESDAY	THURSDAY	SUNDAY
Susie's Food	Dinner and	Mexican food
Indian	Movies	Games Night
Asian		Pub Quiz

GREAT FOOD & GREAT FUN!

Best book exchange in Central America

Novels - Classics - Guide books - Phrase books

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Swedish, Italian, Dutch and many more

For rent, sale or exchange

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Imported wine

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Small classes maximum 4 people

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In Front of CoCo Loco

Mango Tree Building

Main Street

Gelateria & Espresso
Bar

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Wine Shop

Imported Italian Wines

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Island Creations

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Transfers

T-Shirts, Island Apparel,

Jewelry...

Expiration Date: 30/06/05

Tel: (504)425-3124

HOROSCOPES



Aries

Mar 21 – Apr 19

Don't get yourself into trouble by making rash decisions. The only one pressuring you is your unconscious self. Take your time and outweigh your options with a clear mind. The solution to your problem will then be right in front of you.



Taurus

Apr 20 – May 20

What's the rush? You will be feeling quite restless the upcoming month for reasons you cannot put your finger on. Try to chill back and take life a bit easier; not everything needs to be taken as seriously as you think.



Gemini

May 21 – June 21

Some people around you will not quite agree to your opinions and decisions. Don't let anybody manipulate you into something that is not your own choice. The most important thing is to be true to yourself, not to do favours for other.



Cancer

June 22 – July 22

No real reason to be upset about your loved one. Stop the quarrelling and arrange some timeout with your partner – quality time for just the two of you to revive the romance and passion still lingering inside of you.



Leo

July 23 – Aug 22

So you are going through some tough times at the moment? Everybody copes every now and again. Try to free yourself from the stress and be cautious not to let it out on those who are most important to you. Allow yourself more leisure time and go have some fun.



Virgo

Aug 23 – Sep 22

While you have been thinking that it will never again happen to you, Amor has already chosen someone special for you, a real soulmate. Just keep your eyes open this month and love may come when you least expect it.



Libra

Sep 23 – Oct 22

This month will bring you a couple of things to reflect about. Don't run away from your own feelings as there is no reason to be scared. If you allow it to happen, it may lead to something you have been waiting and secretively hoping for for quite a while.



Scorpio

Oct 23 – Nov 21

24 hours are not enough to do what needs to be done? Maybe the problem is not the amount of work you have got, but the fact that you are setting you goals too high. Prioritise and don't neglect your own needs. Treat yourself – you are well worth it!



Sagittarius

Nov 22 – Dec 21

Well, well, doesn't it feel good? Happiness and harmony is the name of your game this month. Your good vibes will be infectious to your friends and family. Keep it up, it's definitely nothing anybody can complain about.



Capricorn

Dec 22 – Jan 19

You are desperate for a change to bring back more sparkle into your routine life. If that's the way you feel then just go for it, even on an impulse. You are not really risking anything, are you? The world is all yours and only change can make dreams come true.



Aquarius

Jan 20 – Feb 18

You do know when to stop – generally speaking. This month, however, you are getting a little carried away. Make sure not to hurt people's feelings, you are playing it on the edge. Try to put yourself into the situation of others and nobody will be offended.



Pisces

Feb 19 – Mar 20

Wow, the passion and flirting you are bound to have this month will even make the neighbour's dog jealous. Just go with it and enjoy the moment while it lasts. It may not be the love of your life, but it is definitely worthwhile.

Funky Town Library

Funky Town Utila's first lending library has been opened by Nicole Backhaus over the bridge behind Cross Creek Dive centre.

The library houses an extensive collection of mainly twentieth century literature including many modern classics. "I decided on the books I wanted then hunted them down in the States and shipped them over" said

Miss Backhaus, Founder. Membership is Lps. 80 per month for an unlimited supply of books. Books can also be rented for two weeks, swapped or sold.

"I only sell the books I know I can replace easily, a lot of the books I have were very hard to find, I wouldn't let them go." said Miss Backhaus. Open every evening 6.30 - 9pm. ■



Utila Cinema

60 elevated seats in air conditioned comfort
Tickets only 45 lps

Screening in July

The Pacifier, Coach Carter, and Million Dollar Baby are the feature films. Diary of a Mad Black Woman, Miss Congeniality 2: Armed and Fabulous, and others round out the month.

Wednesday is classic night where you can see movies you've always heard about but maybe not seen like Trainspotting and E.T. Fridays are "Drive-in Theater" movies not to be taken seriously, a perfect way to start the weekend.

Look for Bill & Ted's Excellent Adventure and Monty Python's The Meaning of Life.

Movies are shown nightly at 7:30pm with the exception of Friday (8pm) and Saturday (6:30pm and 8:30pm). Check out www.UtilaMC.com for more information.

Coach Carter



Director: Thomas Carter
Drama with Samuel L. Jackson.
The inspiring

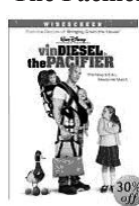
true story of controversial high-school basketball coach Ken Carter (Jackson). Making headlines for his emphasis on the importance of academics over athletics, Carter requests all members of the team to sign contracts to maintain a certain grade point average.

When the players fail to live up to this agreement, Carter benches the entire team, locking the gym and forfeiting games to prove his point.

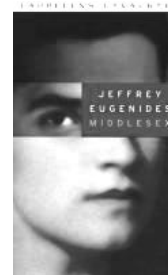
This infuriates the community who sees this as a hindrance to the professional athletic careers of the players.

Through hard work and dedication, Carter eventually gets his point across, going above and beyond to ensure a solid academic future for his team.

The Pacifier



Director: Adam Shankman
Comedy with Vin Diesel and Lauren Graham.



Middlesex
Jeffrey Eugenides
★★★★★

Do you know what a hermaphrodite is? After reading this book you will know more than you may want to know. Not only do you learn that the term "hermaphrodite" has historically been used to describe people with ambiguous genitalia or biological sex, but you are entertained by an entire family saga: the travel of a single responsible gene from Greek to America, from the kinky grandparents to the male-adapted parents in Detroit to the actual outcome: their child: Cal Stephanides and his/her little "crocus". But it is not only this, it is a great many things more: Greek-Turkish relations in the early 1900s, Detroit in the 20s and 30th, racial fights, etc. Middlesex is a funny, intelligent book. It keeps you smirking most of the time and I got so

hooked, that I discovered with shock when only 20 pages were left from over 500. ■

Funky Town's Top Ten Books

Demian
Hermann Hesse

Watermusic
T.C. Boyle

To have or to be?
Erich Fromm

Garp
John Irving

The conquest of happiness
Bertrand Russell

Buddenbrooks
Thomas Mann

Middlesex
Jeffrey Eugenides

Hard-Boiled Wonderland
Haruki Murakami

Kitchen
Banana Yoshimoto

Burmese Days
George Orwell

HQTV's Shelby McNab Tells All



Shelby McNab on the job

Shelby McNab, Utilas local tv news presenter has hosted HQTV for the past three and a half years, delivering up-to-date news reports and interviews live to the public of Utila.

Quite a local character we decided to turn the interviewing tables and ask the man a few questions. **Tell us about your first show.** I'd never done anything like it before. I was wearing a flannel winter cap (chuckles)... I looked stupid I believe.

How did you get involved in HQ?

Johnny Hinds asked me, he's a pretty sharp guy with great ideas.

How do you get on with cameraman Rodolpho?

We get along pretty good. Dolphus has improved a lot since his comeback, he knows that he can't just not show up to work.

He's always hungry though, I fixed him an egg sandwich with salami and pumpkin cake while he was out reporting.

What has been your most memorable show?

The Firestation show. There had just been two serious fires on the island and we put out an appeal to help raise money for a firestation.

Oscar Gabourel phoned in and donated \$100, then another \$100 donation and another Bam Bam Bam... For five hours straight, I threw the money over my shoulder and the more I threw the more they called. So much energy, so exciting! We collected up to Lps. 74 000 within a couple of nights.

Whats your advice to anyone who wants to be a TV presenter?

You mustn't talk too much. When on TV you have to be sharp and don't say too much.

Whats your catch phrase?

HQTV coming to you live from Cola Mico, here on Utila.

Catch Mr. McNab on channel 31 at 7pm Monday to Thursday (repeated at 12pm the following day). ■

The Wedding



Evening swim



Bundu Girls



On the Road



Media Frenzy



Lifes a Beach



Football Final



Baby Shower



Mummy's Girl



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FOOTBALL



Goal attempt at the Final

DOLPHINS TAKE THE TITLE

Utila East Wind Staff

The Dolphins claimed this seasons football league title in impressive style, defeating Juventus in a two match final over the weekend of 25th and 26th of June.

The final, played on the Concord baseball field saw defending champions Dolphins gain an excellent start by winning the first match 4-1 relieving the pressure for the final match on Sunday.

Juventus were unable make up the ground when the teams met again in front of an excited crowd, the Dol-

phins took the title 6-2.

Team owner Alan Viera was ecstatic "Viva Dolphins, con todo!" he said as he received his trophy from league organiser Johnny Hinds.

Mr. Hinds expressed his gratitude as he handed out the trophies

"I want to thank Mayor Alton Cooper and Gideon Ponce for their sponsorship and all the supporters for coming to watch" he said.

Juventus were runners up with the Tigers finishing in third position. Joaquin Lazaro walked away

with the top goal scorer trophy this season having clocked up 19 goals.

"Getting the kids into sports is a great way to keep them off drugs and out of trouble" said Mr. Hinds.

The Angels took the title in the women's football season with Naomi Jackson finishing as the leading goal scorer.

~

Los Delfines triunfaron esta temporada en la liga con un estilo impresionante, combatiendo Juventus en una confrontación final. El 25 y 26 de junio.

La final, jugada en el campo de baseball "Concord", se vió a los campeones Delfines añadir un principio excelente cuando ganaron 4-1 aliviando la presión para el encuentro final el domingo.

Juventus fueron incapaces de lograr avance cuando los equipos se encontraron de nuevo frente una audiencia excitada. Los Delfines obtuvieron el título 6-2.

Alan Viera, dueño del equipo extasiado "Viva los Delfines, con todo!" dijo al re-



cibir el trofeo por Johnny Hinds, el organizador.

El Sr. Hinds expreso la gratitud al presentar los trofeos.

"Quiero agradecer el alcalde Alton Cooper y Gideon Ponce por su patrocinio y a toda la gente que asistió." Comento.

Juventus quedando en segundo lugar con los Tigres en tercero.

Juaquin Lazaro salio con el trofeo de mejor goleador esta temporada con 19 goles.

"Promoviendo a los niños en el deporte es una manera excelente para alejarlos de las drogas y de peligro." Dice Sr. Hinds.

Los Angeles tomaron el título en la liga de fútbol de mujeres con Naomi Jackson terminando como la goleadora principal. ■

EXCHANGE RATES

\$	18.88
€	22.79
£	34.28
Aus \$	14.47
Can \$	15.34
Quetzales	2.48

INTERNATIONAL

NBA

The San Antonio Spurs win the series 4-3.

Pistons		Spurs
42.3	Rebounds	42.1
20.5	Assists	18.4
7.3	Steals	5.6
90.3	Points for	96.9
85.6	Points against	92.6

Football

The summer transfer window is open.

Arsenal is poised to sign Belarus mid fielder Alexander Hleb from Stuttgart in a deal said to be worth nearly £10 million.

Doctrunds Demel heads for Hamburg.

The Ivorian International signs on Tuesday which will see him in Hamburg until 2007.

Wimbledon Tennis

Eighteen year old Scot Andy Murray (ranked 312) lost his 3rd round match after having won the first two sets against 18th seed Nalbandian. He is the first Scotsman to reach the 3rd round in the history of the tournament.

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